

Date: 27-01-2025

Revised Date: 29-01-2025

# Artwork for ANSA sachet Leaflet artwork

Size: 90 x 182mm

**ANSA<sup>®</sup> Sachet**  
Cranberry Extract  
with *Saraca indica* & *Cimicifuga racemosa* Extract

Maintains a  
Healthy Urinary Tract

آنسہ ساشے

**DESCRIPTION**  
ANSA is a unique combination of Cranberry, *Saraca indica* and *Cimicifuga racemosa* extracts. Cranberry is best known for its role in preventing Urinary Tract Infections (UTIs), especially those with recurrent infections. The high levels of proanthocyanidins (PACs) in cranberries help to reduce the adhesion of certain bacteria (e.g. *E. coli*) to the urinary tract walls and fighting off urinary tract infections. Some people use cranberry to increase urine flow, kill germs, speed skin healing and reduce fever. *Saraca indica* extract helps in increasing urine flow & helps in treating conditions that cause painful urination. It acts as a uterine tonic for irregular menstrual cycles and miscarriages. *Cimicifuga racemosa* extract is used to treat hot flashes and other symptoms that can occur during menopause.

**COMPOSITION**  
Each sachet contains  
Cranberry Powder Extract (*Vaccinium macrocarpon*) (MS).....144mg  
(Equivalent to 36mg proanthocyanidins (PACs))  
*Saraca indica* Powder Extract (MS).....30mg  
*Cimicifuga racemosa* Powder Extract (MS).....40mg

**INDICATIONS**

- Urinary Tract Infections (UTIs)
- Pain, Irritation and burning sensation of the urinary tract
- Tonic for irregular menstrual cycles and miscarriages
- To treat hot flashes during menopause

**DIRECTIONS FOR USE**  
Dissolve contents of one sachet in half glass of water and use immediately.  
Do not use opened sachet.

**DOSAGE**  
To be administered orally.  
Use 2 to 3 sachets daily or as directed by the physician.

**INSTRUCTIONS**  
Protect from light, heat and moisture.  
Store below 30°C.  
Keep out of the reach of children.

**PRESENTATION**  
ANSA Sachet: Each pack contains 10 Sachets.

طریقہ استعمال:  
ساشے میں موجود اجزاء کو آدھے گلاس پانی میں حل کریں اور فوری استعمال کریں۔  
کھلے ہوئے ساشے استعمال نہ کریں۔  
خوراک: ۲ سے ۳ ساشے روزانہ یا ڈاکٹر کی ہدایت کے مطابق استعمال کریں۔  
ہدایات: روشنی، گرمی اور نمی سے محفوظ 30 ڈگری سینٹی گریڈ سے کم درجہ حرارت پر رکھیں۔  
بچوں کی پہنچ سے دور رکھیں۔

**NUTRACEUTICAL PRODUCT:**  
Not for treatment of any disease.


تھیراپیٹک پروڈکٹ: یہ پروڈکٹ کسی بیماری کے علاج کے لئے نہیں ہے۔

**P. E. No.: 002261290303**  
**M. E. No.: 00226**  
**A Nutraceutical Product**

**This package insert is continually updated.**  
**Please read it carefully.**

**PM-INS-0357**

Manufactured by:  
**Helix Pharma (Pvt) Ltd.**  
A-58-B, S.I.T.E., Karachi-Pakistan



A Health Care Product From  
**HELIIX**  
HEALTH CARE DIVISION

Depart.	Signature	Date/Time	Remarks
BD			
Marketing			
QA/QC			
Regulatory			
QO Head			